Internet journal
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I was using the computer 18,6 hours, which is equal to $41 \%$ of the total time. It means that I was using my mobile phone for $59 \%$ of the time ( 44,95 hours).


TIME SPENT ONLINE IN JUNE

this month I used the phone more to watch movies and on social networks and the rest I spent talking to my friends and on the computer, I was studying

I SPENT MY TIME


TIME SPENT IN JULY

this month I didn't use the phone and the computer much I was playing basketball in the streets and listening to music


this month i used both the phone and the computer to have fun and to listen to music


TIME SPENT IN SEPTEMBER


In this month i use most the computer because of my school projects and study for tests and for the phone i use tused it just to be on social media


## Summary

Which device I used the most:


$\square$ on social media ■ working on school projects $\square$ texting/talking to friends

- watching/other things ■ listening to music

